PPRRR Reading Method

1. Preview:

Take some time before each class

lecture material. You might be surprised how much 10 minutes of previewing will dramatically affect your level of understanding during lecture.

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2. Participate

Participate during lecture by actively listening and taking notes. Consider this time to be a time for learning not just a time for recording notes that will be studied later.

3. READ

After each class, as soon as possible (at most, within 24 hours), review the lecture notes and read sections of the textbook that were covered in the recent lecture.

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4. RECALL

Immediately after reading each small section of the text, practice recalling that information. Research shows that we forget about 40-50% of what we read within about 15 minutes unless we take measures to recall it immediately.

5. REVIEW

Set aside time each week to review and summarize the course material

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