

Journi Goforth

I am honored to represent the values of UAES and the mission of the CAS Advising Center. It is my belief that you can't truly help students until you have developed a relationship with the student. Therefore, I strive to provide students with a comfortable environment to build mutual trust and meet students where they are. I believe that my role as an advisor may reach their fullest potential academically and beyond graduation.

My personal approach to advising most closely resembles developmental advising. At its core, developmental advising meets students at the same stage and their needs will grow and change with them. I am drawn to this approach because it focuses not only on the student's academic needs but also on the student's rational processes, interpersonal interactions, problem-solving, and decision-making abilities.

With developmental advising, students and advisors share responsibility. Students take responsibility for their own decisions and advisors take responsibility for providing students with the information to make the best decisions. We start with the student's current situation and their ideas on how to get there, then transition to campus involvement and/resources, and continues with a deeper discussion on prospective career options and how to prepare for the future.

As a new professional in the field, I am still testing various advising approaches and methods, and am open to any ideas or advice that can help me improve my advising skills. I will continue to learn and adapt our processes and strategies to best meet student needs. I will continue to participate in development events. As I grow more comfortable in my role, I hope to take on more responsibility, volunteer for campus events, and become a member of the First-Year Community as a whole.